

WHOLE SCHOOL

TARGETED SUPPORT

SPECIALIST SUPPORT

Daily scaling of feelings - solution focus on low numbers

Red and green thoughts

Named lunch supervisor support

Observational assessments

Time to talk

FCAF

Early help - Mast

PDMs

Leuven scale

Weekly emotional well-being lesson

Boxall profile assessment

Strengths and Difficulties assessment

One-Page Profiles

CAMHS

Think box

Calm corner

Seal questionnaire

Peer mediators

Educational Psychology

1:1 tutorials

PSP

Mindfulness minutes practiced

Emotional Health & Well-Being Council

Elements of theraplay and nurture



STAFF TRAINING

Friends For Life	Attachment
Theraplay	Resilience
Nurture	Resilience assemblies
Emotional health	Mental Health Week awareness



Social skills

Friends CBT group

Random acts of kindness

Dec Kindness Calendar (December)

EMOTIONAL HEALTH AND WELL-BEING AT NOOK LANE

