

WHOLE SCHOOL



TARGETED SUPPORT



SPECIALIST SUPPORT



Daily scaling of feelings - solution focus on low numbers

Red and green thoughts

Named lunch supervisor support

Observational assessments

Time to talk

Early help: Multi Agency Support Team

Family Common Assessment Framework

Stand Up for Mondays

Zones of regulation

Weekly emotional well-being lesson

Boxall profile assessment

Strengths and Difficulties assessment

One-Page Profiles

Think box

Calm corner

Seal questionnaire

Peer mediators

Educational Psychology Support

Social skills

Child & Adolescent Mental Health Service

Mindful and motivational minutes

Emotional Health & Well-Being Council

Elements of therplay and nurture

STAFF TRAINING

Friends For Life	Emotional health
Therplay	Attachment
Nurture	Resilience
Healthy Minds Programme	Mental Health Week awareness

Incredible 5 Point Scale

Friends CBT group

Pastoral Support Plan

Random acts of kindness

Dec Kindness Calendar (December)

EMOTIONAL HEALTH AND WELL-BEING AT NOOK LANE



- “The school’s work to promote pupils’ personal development and welfare is outstanding”
- “Pupils have an unusually well-developed understanding of mental health, the importance of a positive outlook and of discussing and resolving problems”